



# Team Canada Armwrestling Federation

[www.teamcanadaarmwrestling.ca](http://www.teamcanadaarmwrestling.ca)

## North American Championship February 21, 22 & 23, 2025 Participant Package

You are invited to the 2025 North American Championship! As the Championships draw near, we're excited to share all the info you need to make your trip super enjoyable. Let's make it a fantastic experience together!

[TCAF Membership Fee](#): Renewal - \$100

New Members - \$150  
(\$200 as of January 1, 2025)

**Airport:** Juan Santamaria International Airport (SJO)

**Host Hotel:** Radisson San José – Central Street & 3<sup>rd</sup>-15<sup>th</sup> Avenue

Contact: Whatsapp +506-8828-4329. Mail: [ycano@radisson.ca.cr](mailto:ycano@radisson.ca.cr)

Single - \$85 US per night      Double - \$95 US per night

Breakfast & Airport Shuttle included

**Tournament Venue** is 4 km from Hotel – Transportation will be supplied each morning of the event and at the end of the day. Should you want to return to the hotel before shuttles are supplied you will need to travel by taxi.

**Currency:** Costa Rica Colones (CRC) - \$1 US dollar = \$507 CRC (approximately)

Although US \$ are widely accepted in Costa Rica we recommend you get some Colones before leaving Canada.

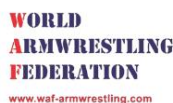
**Entry Fees per arm:** Senior, Masters & Para Athletes - \$40 US

Junior & Youth - \$30 US

**Team Uniform:** Consist of 2025 Team Jersey, black sports pant/shorts and running shoes  
Jerseys must be ordered by December 31, 2025, in order for you to receive before  
leaving for Costa Rica. [Click Here](#)

**Weather:** High of 30

**Code of Conduct:** Team Canada Code of Conduct is attached. Please familiarize yourself with the document.



## Event Schedule February 21, 22 & 23, 2025

<b>Thursday, February 20, 2025</b>	
NAAF Staff & Team Arrivals	
<b>Friday, February 21, 2025 – Host Hotel</b>	
9:00 am to 4:00 pm	Weigh-Ins
10:00 am to 12 (noon)	NAAF Executive Meeting
3:00 pm to 7:00 pm	Referee Seminar (pre-registration required)
6:00 pm to 8:00 pm	Weigh-Ins
<b>Saturday, February 22, 2025</b>	
Tournament Venue - 4km from Hotel	
8:30 am to 9:30 am	Athlete Transportation to venue
10 am	Tournament -Left Hand – All classes
<b>Sunday, February 23, 2025</b>	
8:30 am to 9:30 am	Athlete Transportation to venue
10 am	Tournament – Right Hand – All classes
<b>Monday, February 24, 2025</b>	
We are working on arranging a 1day tour – Details will be sent as soon as we have more information	

### Important Note:

**Referee Seminar:** You must register in advance if you would like to take the Referee Seminar on Friday, February 21, 2025. Start time 3pm. **Please send an email to [joeycostello5@gmail.com](mailto:joeycostello5@gmail.com)**

### Weight Classes Right & Left Hand

Para Standing	80 kg & 80+ kg
Para Sitting	Open
Junior 14- 18 years	70 kg, 80 kg, 80+ kg
Youth 19 – 23 years	70 kg, 80 kg, 80+ kg
Master Woman + 40 years	60 kg, 70 kg, 70+ kg
Master Men + 40 years	70 kg, 80, 90, 90+ kg
Senior Woman	65 kg, 70 kg, 80 kg, 80+ kg
Senior Men	65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg 100 kg, 110 kg & 110+ kg