



Team Canada Armwrestling Federation

www.teamcanadaarmwrestling.ca

Code of Conduct

Athlete statement

I believe that the true essence of sport is to strive for personal achievement and excellence through full and honest effort. I am committed to participating in sport with integrity, and to striving to win only by legitimate means. I pledge to learn, understand, and adhere to both the written rules of my sport and the accepted rules of fair play. I believe that violence and physical intimidation are harmful to sport, and I refuse to use such tactics in an attempt to gain an unfair advantage. I understand that officials, teammates, and opponents are all integral to sport and worthy of my respect. It is my responsibility to maintain self-control. I will use the protest protocols to solve any disputes and accept officials' decisions without arguments, play aggressively but without hostility, and behave graciously in triumph or defeat.

Respect for others

I agree to act with respect toward all those I come into contact with through sport.
This means I refrain from comments or behaviours which are abusive, offensive, racist, sexist or otherwise belittling or demeaning to others.
I do not harass or tolerate harassment by others.
I respect others as persons and treat them with dignity.
I respect the privacy of others.
I will not intentionally endanger the safety of others through my actions.

Respect for self

I act with fairness and integrity in the pursuit of excellent sport. I practice drug-free sport and accept doping control.
I avoid the abuse of alcohol and illegal drugs.

Respect for sport

I strive for personal excellence in sport.
I honour and respect the spirit and traditions of sport.
I do not impede the preparation for competition of other competitors or teammates. I respect the decisions of judges and officials.
I promote drug-free sport and abide by the WADA Code.

Respect for TCAF

I accept TCAF rules, policies and procedures governing events and competitions in which I participate.
I comply with the reasonable requests of the officials of TCAF.
I accept that I am an ambassador for armwrestling and TCAF

I refrain from any action which might bring the sport of Armwrestling or the TCAF into disrepute.

Respect for property

I respect the property and livelihood of others, which means refraining from vandalism, theft, and other forms of mischief.

Failure to comply with this Code of Conduct may result in disciplinary action in accordance with the Discipline Policy of TCAF. Such action may result in the member losing the privileges that come from membership in TCAF, including the opportunity to participate in TCAF activities



Team Canada Armwrestling Federation Code of Conduct for International and World Events

When attending International and World events Team Canada Athletes must adhere to Team Canada Armwrestling Federation Code of Conduct as well as the following:

Team Captain / Communications

The Team Captain is YOUR official representatives throughout the course of the event. They will be in communication with you through email, text and or messenger. Should you not be able to attend any of the meetings required by you, please advise the Team Captain to see if other arrangements can be made. The Team Captain is available to answer any questions from 8:00 am to 8:00 pm from the 1st day of competition to the last day of competition. Any failure to communicate your intentions which effect others will not be tolerated.

It is the Team Captains responsibility to represent you should you have a protest while competing, however they cannot be expected to watch every match nor for them to take pictures of your match.

Weigh-Ins

At International and World Events athletes are required to weigh-in as a team. The Team Captain will inform you of the specific day & time of the weigh-ins. Failure to be there at the specific time may result in the Team weighing-in without you and a \$100 fine may be imposed.

Alcohol and Drugs

All alcohol and drugs are strictly forbidden during the days of competition. Any athlete or official under the influence will be removed from the Team and forfeit their spot on the team for that day of competition. In addition a \$100 fine will be issued and must be paid before they are allowed to compete again.

Team Canada Uniforms

All team members are required to wear their team uniform both during the event and when receiving an award. Team Uniforms consists of: Official Team shirt, black sports pants and athletic shoes.

Competition Day

You must check in with the Team Captain prior to your class being called. Failure to do so will result in your being pulled from that class.

Conduct at the Table

You are representing your Country when you are at the table. Being part of Team Canada is a privilege not a right. Good sportsmanship is to be displayed at all times. At no time should you use profanity, show disrespect to officials or another athlete. The Team Captain will represent and support you for any protests you may have at the table.

Award Ceremony

Team members are required to attend Awards Ceremony and will attend in full uniform.

Disciplinary Actions and Fines

Fines will be imposed when an athlete shows disrespects any athletes, officials, or country. The infraction will be discussed between the Team Captain and TCAF President and disciplinary actions and or fines will be issued.

Team Photo & Dinner

In an attempt to encourage team unity we will arrange for Team photo's and a dinner. Although not mandatory we do encourage you to attend. Should you not be available please inform your Team Captain.

Participating at an International and Worlds event will create friendships and memories that will last a lifetime. Let us work together to make sure it is a fun and memorable experience.